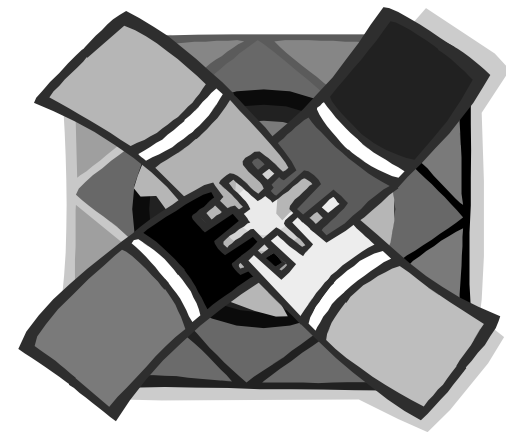


Medicine Hat
My Connections



A project of the Crisis Assistance Network

1st Edition
September 2011

PROJECT
CONNECT



Other Notes:

This booklet will **CONNECT** you with
Human Service Agencies and Resources
in the City of Medicine Hat

How to use this booklet:

This booklet is meant to alleviate frustration and confusion over who to connect with on your journey out of poverty.

Determine your greatest need first and gain an appointment with that Agency as your first step. From then on, each agency representative that you see will ensure that you are pointed in the right direction for your next step.

TRANSPORTATION

City of Medicine Hat Transit– Information line (403-525-8899) General inquiries (403-529-8214) 333– 6th Ave SE

Greyhound– schedule information 1-800-661-8747 local (403-527-4418) 557– 2nd St. SE

Airport– local (403-526-4664) Air Canada (1-888-247-2262) 49 Viscount Ave SW

Taxi: Care Cabs (403-529-2211)
Hat Taxi (403-527-3334)
Deluxe Central Taxi (403-526-3333)

Contact	
Phone #	
Next steps and travel information	_____

INTERNET ACCESS

Medicine Hat Public Library- (403-502-8525) 414 1st St SE

Volunteer Center- (403-528-4626) toll free (1-888-828-4636) 954 South Railway St SE

The Dream Center- (403-527-9917) 1714 Saamis Drive NW
Redcliff Taxi (403-527-1969)

DIRECT REFERRALS

FOOD

Medicine Hat Food Bank (403-528-4566) 532 South Railway St. SE

Champions Center– Saturday Hot Lunch Program (403-504-0342) 435 North Railway St. SE

CORE Association– Weekday hot meal program M-F 5pm– 6 pm (403-527-3302) 412 3rd St. SE

St. Barnabas Church (403-526-7713) 635 4th St. SE

Dream Center– Food Run, Coffee Bar & Pancake Breakfast [Sunday 9-10am] (403-527-9917) 1714 Saamis Drive NW

Salvation Army (403-526-9699) 457 3rd Street SE

Good Food Box Club- (403-502-6096)

FURNITURE/CLOTHING

Hilcrest Church (403-526-4010) 3785 13th Ave SE

Salvation Army Bridge and Loan
(403-526-9699) 457 3rd Street SE

Canadian Mental Health:(403-504-1811) # 204 1865 Dunmore Rd SE

McMann Youth Family & Community Services (403-527-1588) 4-941 South Railway St. SE

Dream Center– free laundry services Monday– Thursday 9am– 9:30pm and Friday 9 am– 4:00pm (403-527-9917) 1714 Saamis Drive NW

First Assembly of God (409-526-2946) 395 9th Street SE
(Free second hand clothes on Tuesdays 1:15-4:00pm)

HOUSING

Support

Medicine Hat Community Housing Society: 104– 516
3rd St SE (403-527-4507)

Contact	
Phone #	
Next steps:	_____

Homeless

Salvation Army Crisis Assistance– Family Support Center: 457 3rd Street SE (403– 526- 9699)

Contact	
Phone #	
Next steps:	_____

Women’s Shelter of Medicine Hat: (403-529-1091) or toll free (1-800-661-7949)

Contact	
Phone #	
Next steps:	_____

Rent, Financial and Utilities

Assured Income for the Severely Handicapped (AISH)
#201, Provincial Building 346 – 3 Street SE (403-529-

Contact	
Phone #	
Next steps:	_____

4	

OUTREACH/REFERRAL cont...

McMann Youth Family & Community Services (403-527-1588) 4-941 South Railway St. SE

Contact	
Phone #	
Next steps:	_____

Community Mental Health (403) 529-3500 #2, 346—3rd Street SE (Provincial Building)

Contact	
Phone #	
Next steps:	_____

Community workers

River Flats area (403-529-5533)
Hill Area (403-529-5544)
Southview area (403-526-8046)

Contact	
Phone #	
Next steps:	_____

OUTREACH/REFERRAL cont...

BRIDGES (for families with children 18 and under) (403-526-7473) 477 3rd St SE

Contact	
Phone #	
Next steps:	_____ _____ _____

REDI Enterprises (Persons with disabilities) (403-526-5742) 860 Allowance Ave SE

Contact	
Phone #	
Next steps:	_____ _____ _____

CORE Association (Persons with disabilities) (403-527-3302) 412 3rd Street SE

Contact	
Phone #	
Next steps:	_____ _____ _____

Next Step Residential Services (Persons with disabilities) (403-527-3302) 402 Maple Ave SE

Contact	
Phone #	
Next steps:	_____ _____ _____

12

Alberta Employment and Immigration (403-529-3693)
Lower Level Room #5 Provincial Building 346 - 3 Street SE

Contact	
Phone #	
Next steps:	_____ _____ _____

Salvation Army Bridge and Loan
(403-526-9699) 457 3rd Street SE

Contact	
Phone #	
Next steps:	_____ _____ _____

Utilities/Collections Line (403-529-8113)

Contact	
Phone #	
Next steps:	_____ _____ _____

Financial Admin Program- (403-504-8111) # 204 1865
Dunmore Rd SE :

Contact	
Phone #	
Next steps:	_____ _____ _____

HOUSING cont...

Miywasin Society– Transitional Housing (403-526-0756)
517 3rd St. SE

Contact	
Phone #	
Next steps:	_____ _____ _____

EMPLOYMENT AGENCIES

Community Employment Services (403-527-3400) #120
1310 Kingsway Ave SE

Contact	
Phone #	
Next steps:	_____ _____ _____

OUTREACH/REFERRAL

Citizen’s Advocacy (403-527-9787) #204 1865 Dunmore Rd.

Contact	
Phone #	
Next steps:	_____ _____ _____

SAAMIS Immigration Services (New Canadians) (403-504-1188) # 77 12th St NE

Contact	
Phone #	
Next steps:	_____ _____ _____

Miywasin Society (403-526-0756) 517 3rd St. SE

Contact	
Phone #	
Next steps:	_____ _____ _____

Seniors Outreach– Veiner Center (403-502-8718 or 529-8368)

Contact	
Phone #	
Next steps:	_____ _____ _____

INCOME TAX RETURN ASSISTANCE

Volunteer and Community Information Centre (403-528-4636) 954 South Railway Street SE

Medicine Hat John Howard Society (403-526-5916) 535 3rd St SE

Salvation Army
(403-526-9699) 457 3rd Street SE

Canadian Mental Health:(403-504-1811) # 204 1865 Dunmore Rd SE

Redcliff Library:(403-548-3335) 131 Main St South, Redcliff AB

Miywasin Society (403-526-0756) 517 3rd St. SE

Veiner Centre (members only) (403-529-8383) 225 Woodman Ave SE

Agency used	
Contact	
Phone #	
Next steps:	<hr/> <hr/> <hr/> <hr/> <hr/>

FOOD

Support

Medicine Hat Food Bank (403-528-4566) 532 South Railway St SE

Contact	
Phone #	
Next steps:	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

HEALTH

Walk-in Clinics:

Medical Arts Centre (M-F 9am-1pm)

(403-488-8541)

770 6th Street SE

OR

116 Carry Drive SE

(403-527-2281)

Crescent Heights Family Medical Clinic

M-F: 6pm– 8pm

Weekends and Holidays 9am-12pm

49– 8th Street NW

(403-526-7422)

Pediatricians with walk-in hours:

Dr. G Vaz

#1– 809 Bullivant Cres SW (403-527-4448)

M-F 10am-12pm

Dr. A Gangi

#100, 770-6th St SW (403-502-8930)

M-F 10am-12pm

Health Information:

Health Link– (1-866-408-5465)

Agency used	
Contact	
Phone #	
Next steps:	_____

ADDICTIONS:

Addiction/Smoking Help Line:

1-866-332-2322

Alberta Health Services– Addictions (403-529-3582)

346- 3rd St. SE

Contact	
Phone #	
Next steps:	_____

MENTAL HEALTH

Mental Health Help Line: (1-877-303-2642)

Community Mental Health (403) 529-3500 #2, 346—3rd Street SE (Provincial Building)

Contact	
Phone #	
Next steps:	_____

Canadian Mental Health:(403-504-1811) # 204 1865 Dunmore Rd SE

Contact	
Phone #	
Next steps:	_____
