

Directory^{fp} of Local Producers & Restaurants Using Local Food



**Healthy Alberta Communities
Growing Food Security of Alberta
Alberta Health Services**

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Directory of Local Producers

Greenhouses:

Hollander Greenhouses: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Art Hollander	331- 4 St. SW Redcliff AB T0J 2P0	403-548-6532	Long English Cucumbers	Distributed through Red Hat Co-op

Holsom Growers: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Darren Oerlemans	Box 1104, Medicine Hat, AB T1A 7H1	403-526-0708 Cell: 403-528-0707	Beef Steak Tomatoes Tomatoes on the vine	At Holsom Growers and Distributed through Red Hat Co-op

Kel Lee's Greenhouse: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Kelly & Lee Fischer	Box 1314 Medicine Hat, AB T1A 7N1	403-504-1800	Bell Peppers Long English cucumbers Mini cucumbers Tomatoes Cocktail tomatoes Eggplant Hot Peppers Green Beans	At Kel Lee's Greenhouse and distributed through Red Hat Co-op

Majestic Growers: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Dick Bos	Box 964 Redcliff AB T0J 2P0	403-548-2940	Tomatoes Long English Cucumbers	At Majestic Growers, Farmers' Market and distributed through Red Hat Co-op

Rolling Acres Greenhouse: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Albert Cramer	1550 South Boundary Rd. Medicine Hat, AB	403-526-3059 Cell: 403-504-3339	Cucumbers Red, Yellow and Orange Peppers	At Rolling Acres Greenhouse and distributed through Red Hat Co-op

Sun Harvest Greenhouse: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Matt Read	9 Pembina Cres. Redcliff AB T0J 2P0	403-548-7776	Tomatoes	At SunHarvest Greenhouse and distributed through Red Hat Co-op

Vegetable & Berry Producers:

Antelope Creek Road Berry Farm: Fruit, Vegetable and Herb Grower

Web Site: www.albertafarmfresh.com/antelope.htm

Contact Name	Address	Phone	Product	Available at:
David Houseman	Box 1527 Brooks AB T1R 1T4	403-362-6691	Strawberries Raspberries Evans & Nanking & Sour Cherries Saskatoon berries Chokecherries Black Currants Many garden vegetables, Dill, Jams/Jellies/Syrups Candy Pie Filling	Farm gate sales U-pick (recommend you call ahead) Pre-picked orders Custom orders, Farmers' Market

Erna's Berry Farm: Fruit Grower

Contact Name	Address	Phone	Product	Available at:
Erna Varekamp	Box 863 Bow Island AB T0K 0G0	403-545-6061	Strawberries Saskatoon berries Black Currents	Farm sales Pre-picked orders U-pick Farmers' Markets Phone orders

Mayfield Colony: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Jacob Stahl	Box 527 Etzikom AB T0K 0W0	403-928-1455	All vegetables	Farmers' Market, Medicine Hat Farm sales Phone orders

Neil & Charlene Ziegler: Berries and Grains

Contact Name	Address	Phone	Product	Available at:
Neil & Charlene Ziegler	Box 187 Richmond, SK S0N 2E0	1-306-669-4509	Saskatoon berries Choke cherries Organic Cereal Grains	U-pick

Norio's Honey Farm: Fruit Grower

Contact Name	Address	Phone	Product	Available at:
Juan Norio	188 Charles St Dunmore AB T1B 0K9	403-528-2841	Strawberries Musk Melon *also see honey	Farmers' Market U-Pick

Phoenix Farms Ltd.: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
John Manes	Box 327 Nobleford AB T0L 1S0	1-403-824-3585 john@phoenixfarms .ca	Potatoes Onions	Farm Gate Sale Email orders

Prairie Berries: Fruit & Berry Grower

Contact Name	Address	Phone	Product	Available at:
Clarence & Debbie Dyck	7022 Township Road 120 Medicine Hat	403-529-6589	Sour Cherries Saskatoon berries Red Currants	U-pick Farm sales

Rolling Hills Family Farm: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Carmen Krause	Box 118 Rolling Hills AB T0J 2S0	403-964-2222	Many Vegetables Jams	Farm Gate Sales

Sandhill Saskatoon's: Fruits and Berry Grower

Contact Name	Address	Phone	Product	Available at:
Clem, Irene & Chris Andreas	Box 34 Abbey, Sask. S0N 0A0	306-689-2556 Cell: 306-587-3041	Saskatoon berries Haskap berries Chokecherries Apples Rhubarb Sour Cherries Jam/Jellies/Syrups Pies	Farm Sales Farmers' Markets Phone Orders

Shamrock Colony: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Robert Waldner	Box 399 Bow Island AB T0K 0G0	403-545-6190 ext: 119 or 210	Many types of Vegetables	Farmers' Markets Sobey's

Silver Sage Hutterian Brethren: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Joe Hofer	Box 482 Foremost AB T0K 0X0	1-403-666-2200, ext 229	Many types of Vegetables	Co-op Stores The Market Centre

Slack's Market Garden: Fruits & Vegetable Grower

www.albertafarmfresh.com/slack.htm

Contact Name	Address	Phone	Product	Available at:
Beth & Larry Slack	Box 1206 Medicine Hat AB T1A 7H4	403-526-3669	Strawberries Raspberries Mixed Vegetables	U-pick by appointment

Sunrise Farms: Fruits & Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Will & Dorothy Hofer	Box 588 Etzikom AB	1-403-666-3787 ext: 401	Most vegetables Strawberries	Farmers' Market Grocery stores

Susan Huber: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Susan Huber	Box 1057 Redcliff AB T0J 2P0	403-548-7705	Radishes, Green onions, Cabbage, Beans, Pumpkin, Corn, Rutabagas	Farmers' Market Phone orders (July to October)

TLC Farms: Fruits & Vegetable Grower
www.tlcfarms.ca

Contact Name	Address	Phone	Product	Available at:
Alastair & Lynn Olsen	Box 1159 Bow Island AB T0K 0G0	403-832-2541 tlcfarms@canopycanada.net	Raspberries Gooseberries Strawberries Cherries All garden veggies *see also meats & retailers	Farm Gate Sales Farmers' Market Delivered to Medicine Hat on Wednesdays Email orders

Viterra Alberta Bean Div.: Bean Grower & Wholesaler

Contact Name	Address	Phone	Product	Available at:
Owen Cleland	Box 96 Bow Island AB T0K 0G0	403-545-2227 Cell: 403-382-1521	Dry edible beans: Pinto, Pink, Great Northern, Small Reds, Black	Available in 10 kg bags at offices in Bow Island and Taber. Smaller amounts available in grocery stores

Weaver's Garden: Vegetable Grower

Contact Name	Address	Phone	Product	Available at:
Harold & Phyllis Weaver	RR 1 Tilley AB	1403-377-2337	All garden vegetables	Farmers' Market Farm Gate Sales Brooks Good Food Box

White Blossom Saskatoon Orchard: Fruit Grower

Contact Name	Address	Phone	Product	Available at:
Dale & Donna Hettler	Box 884 Medicine Hat, AB T1A 7G8	403-526-0835 Cell: 403-952-5099	Saskatoon berries	Farm Gate Sales

Honey Producers:

Bee Natural: Store Front Location/Honey Producer

Contact Name	Address	Phone	Product	Available at:
Chris Alen	3046 Dunmore Red. SE Medicine Hat AB T1B 2X2	403-548-6340 fax: 403-526-4265	Honey Bee Pollen Bees Wax	Address is store location

De Jong's Honey Farm: Honey Producer

Contact Name	Address	Phone	Product	Available at:
Jay & Joanne De Jong	Box 1401 Brooks AB	1-403-362-5416	Honey	Farmers' Market Farm sales

Dewar Apiaries: Honey Producer

Contact Name	Address	Phone	Product	Available at:
Brenda Dewar	19 Trent Road W. Lethbridge AB T1K 4N1	1-403-381-1653	Gourmet Honey Natural Bees Wax products (hand creams/lip balms)	Farm sales Phone Orders Christmas Farmers' Market

Norio's Honey Farm: Honey Producer/ Fruit Grower

Contact Name	Address	Phone	Product	Available at:
Juan Norio	188 Charles St Dunmore AB T1B 0K9	403-528-2841	Honey * also see Fruits & Vegetables	Framers' Market On Farm sales (bring your own container), Phone orders

Sheldon Hill Apiarist**www.sweetpurehoney.ca**

Contact Name	Address	Phone	Product	Available at:
Stella Sehn , owner	Box 483, Porcupine Plain Sask.	1-306-278-3028	Pure honey Health products made with honey	Trade shows, Farmers' market & Phone orders
Local contact Shirley	Medicine Hat, AB	403-527-7595		

Meat Producers:**Arrowhead Ranch: Beef Producer: www.arrowheadnaturalbeef.com**

Contact Name	Address	Phone	Product	Available at:
Dale Weiss	5106, Township Rd 114, Cypress County, AB T1B 0K8	403-527-2968 Cell: 403-878-4397	Home-grown, naturally raised beef	Call for delivery

Cattle Creek Ranch: Beef Producer www.cattlecreekranch.ca

Contact Name	Address	Phone	Product	Available at:
David Flundra	Box 1453 Medicine Hat, AB T1A 7N4	403-502-4776	Naturally raised beef	Nutters (MH) Green Tree Wellness centre

Deerview Meats: Meat Producer: www.deerviewmeats.com

Contact Name	Address	Phone	Product	Available at:
Perry Deering Becky Fuhr	Box 73 Irvine AB T0J 1V0	403-834-2228	Processed & Fresh Venison, Beef Pork, Lamb Bison	Some local restaurants Trade Shows Farmers' Market Central Meats Phone orders

Headwaters Fisheries

Contact Name	Address	Phone	Product	Available at:
Kellen Wickenheiser	2113 Hatcher Dr. NE Medicine Hat AB T1C 1S2	403-504-0965	Fresh: Whitefish Pike, Walleye Trout Whitefish Fillets Pike Fillets Smoked Whitefish	Farmers' Market Phone orders

K&R Reesor: Beef Producer

Contact Name	Address	Phone	Product	Available at:
Rhonda & Keith Ressor	RR1, Box 16 Irvine AB T0J 1V0	403-937-2221	Organic & natural beef	Farm Gate Sales

MacPherson Meats: Beef, Poultry & Meat Products

Contact Name	Address	Phone	Product	Available at:
Scot & Rachel MacPherson	Box 6 Big Stone AB T0J 0E0	403-779-2579 Cell: 403-952-1122	Organic fresh beef Chicken, Sausage/jerky/wieners Organic Grains (ground)	Farm Gate Sales Farmer's Market Online at www.LIVINGORGANICS.CA

Medicine Hat Meat Traders: Meat & Meat Products: www.mhmt.ca

Contact Name	Address	Phone	Product	Available at:
Greg & Joanne Pahl	699 Kingsway Ave SE, Medicine Hat AB T1A 2X2	403-488-1344 Cell: 403-504-3488	Naturally grown beef & pork Jerky, Sausage & Butcher supplies	New retail location

TLC Farms: Meat & Meat Products: www.tlcfarms.ca

Contact Name	Address	Phone	Product	Available at:
Alastair & Lynn Olsen	Box 1159 Bow Island AB T0K 0G0	403-832-2541 tlcfarms@canopycanada.net	Naturally raised Beef, Pork, Lamb, Buffalo, Chicken Sausage/Jerky Free range eggs Variety Packs *see also veggies & retailers	Farm Gate Sales Farmer's Market Delivered to Medicine Hat on Wednesdays Email orders

Wendy Fieldberg: Lamb Producer

Contact Name	Address	Phone	Product	Available at:
Wendy Fieldberg	Box 34 Bindloss AB T0J 0H0	403-379-2030	Organic lamb	Phone orders Delivered to Medicine Hat

Retailers of Local Produce & Processors of Products:

Been There Roasting Company

Contact Name	Address	Phone	Product	Available at:
Brian Kannekens	115 Seven Persons Dr Medicine Hat AB T1B 2C5	403-502-5833	Organic, Fair Trade and De-caffeinated Coffee Custom roasted	Farmers' Market 3 rd ST. Market, (MH) Phone orders

Cazes' Fruit Stand

Contact Name	Address	Phone	Product	Available at:
Wade Cazes	Box 520 Medicine Hat AB T1A 7G5	403-527-5849	Locally grown vegetables, BC Fruit	Fruit Stand on 13 th Ave & TransCanada Way

Central Meats & Sausage

Contact Name	Address	Phone	Product	Available at:
Gary Getz	178-8 th St. SE Medicine Hat T1A 1L3	403-528-2050	Deerview Meats Venison, Bison Beef, Pork Chicken Sausage/deli meats Salmon/Halibut	Store location

Foodland IGA

Contact Name	Address	Phone	Product	Available at:
Vincent Wong	302 Maple Ave SE Medicine Hat AB T1A 7L0	403-527-9711	Tomatoes, Cucumbers Peppers, Butter lettuce, Radishes Kirschenman Farms products	Store location

Green Tree Wellness Centre: Health Food Store: www.greentree.ca

Contact Name	Address	Phone	Product	Available at:
Lauri Waller	423-7St SE Medicine Hat AB T1A 4K4	403-528-2299	Cattle Creek Ranch Beef	Store Location

Home-style Beverages: Hot Ciders, Lemonades, Etc.

www.homestylebeverages.com

Contact Name	Address	Phone	Product	Available at:
Duane & Deb Martin	Site 24, Box 1 RR1 Bowden AB T0M 0K0	1-403-224-3339	Hot Ciders, Lemonades, Spreads, Syrups, Sauces, Spices, and Pies & Pie Fillings.	Farmers' Market Phone and web orders

Huber's Farm Market

Contact Name	Address	Phone	Product	Available at:
Reyna Huber	Corner of Broadway Ave & 8 th St NW Redcliff	403-548-3108	All types of vegetables, Saskatoon berries Pickles Baked Goods	Store front location

Janet's Jams & Jellies

Contact Name	Address	Phone	Product	Available at:
Janet Kitchen	Irvine AB	403-834-3798	Home grown fruits & vegetables for Jams/Jellies Salsa, Chutney Pickles/Relish	Farmers' Market Phone orders

Kirschenman Farms

Contact Name	Address	Phone	Product	Available at:
Cathy Kirschenman	Box 1261 Medicine Hat AB T1A 7M9	403-527-7282	Perogies Cabbage Rolls Noodles Kraut Buns Kuchen	Premium Sausage MH Co-op Stores, IGAs, Nutters, Market Centre, Mikes Meats Inc. Reg's Homestyle Meats

Mike's Meats Inc.

Contact Name	Address	Phone	Product	Available at:
Mike Steiner	1056 Foundry St SE Medicine Hat AB T1A 1X5	403-526-2211	Fresh beef & pork Sausage, Jerky, Bacon, etc Jams, Jellies, Pickles, Hot Sauces	Store location

Nutters Bulk and Natural Foods: Retail Store

Contact Name	Address	Phone	Product	Available at:
Don Chartrand	407, 1601 Dunmore Rd. SE Medicine Hat AB T1A 1Z8	403-529-9777	Locally grown veggies, grains and meets. Locally made sausage, noodles, baked goods	Store location

Premium Sausage (2009) Inc.: www.premiumsausage.ca

Contact Name	Address	Phone	Product	Available at:
Mark Penner	Box 9 Seven Persons AB T0K 1Z0	403-832-2224	Fresh beef & pork Sausage, deli meat Locally produced jams/jellies, pickles, baked goods. Cheese from Rocky Mountain Cheese	Store Location Orders \$50.00 & over delivered free to Medicine Hat

Reg's Home-style Meat & Deli

Contact Name	Address	Phone	Product	Available at:
Reg Stein	#2-12 Sierra Dr SW Medicine Hat AB T1B 4S5	403-529-2385	Sausage, Jerky, Pepperoni, Deli meats, meat patties Fresh meats, Spiced roasts, Buffalo Party trays Locally made pickles, relishes, baked goods	Store Location

Sickel's Meats:

Contact Name	Address	Phone	Product	Available at:
Gerald Sickel	153 Center St Tilley AB T0J 3K0	1-403-377-2176 Cell: 1-403-633-5759	Smoked meats, Pepperoni, Bacon, Jerky, other	Local Convenience Stores

Sobey's Ready to Serve

Contact Name	Address	Phone	Product	Available at:
Jim Turner	1960 Strachan Rd SE Medicine Hat AB T1B 4K4	403-504-5400	Tomatoes, Peppers, Cucumbers, Beans, Peas, Carrots, Green Onions, Cabbage, Beets, Pumpkins, Corn, Radishes	Store location Phone orders

The Market Centre

Contact Name	Address	Phone	Product	Available at:
Victor Hausauer	912 South Railway St. SE Medicine Hat AB T1A 2W2	403-527-4003	Locally grown garden & green house vegetables Local Berries Honey, Jams, Jellies, Eggs Sausage and meats Kirschenman farms products	Retail store location

TLC Farms www.tlcfarms.ca

Contact Name	Address	Phone	Products	Available at
Alastair & Lynn Olsen	Box 1159, Bow Island, AB T0K 0G0	403-832-2541 tlcfarms@canopycanada.net	Naturally raised Beef, Buffalo, Lamb, Pork, Chicken, Variety Packs, Sausage, Jerky, Free Range Eggs, Meals, Jams Custom Preserving and Catering *see also veggies & meals	Farmers' Market, Farm Gate sales Phone orders Delivered to Medicine Hat on Wednesdays Email orders

Van Strien Bakery:

Contact Name	Address	Phone	Product	Available at:
Marja Van Strien	Box 30 Seven Person AB T0K 1Z0	403-832-3767	Baked Goods	Premium Sausage (2009) Inc.

Vauxhall Meats: (South Country Sausage)

Contact Name	Address	Phone	Product	Available at:
Garry Fandrick	Box 550 Vauxhall, AB T0K 2K0	403-654-6393 1-866-500-2580 Cell: 403-580-9934	Beef Jerky Sausage, Smokies, Hamburger, Ham & Bacon	Farmers' Market The Market Center Phone Orders

Resources & Suppliers:**Brewmaster Wholesale Foods**

Contact Name	Address	Phone	Product	Available at:
Michael Camphor	764-7St SE Medicine Hat AB T1A 1K6	403-526-0791	Locally grown Tomatoes, Cucumbers Peppers, Vegetables	Wholesale Retail stores

Good Food Box Club: <http://nonprofit.memlane.com/cfca>

Contact Name	Address	Phone	Product	Available at:
Brenda Baxter	3785 – 13 Ave. SE. Medicine Hat, AB T1B 1J2	403-502-6096	Fresh fruit & vegetables in season	Member pick up at Hillcrest Church or satellite locations

Living Organics Buying Club: www.LIVINGORGANICS.CA

Contact Name	Address	Phone	Product	Available at:
I		403-526-2101	Organic foods Local grown produce in season	Members club: Online orders delivered to your home

**Medicine Hat Farmers' Market: Weekly Saturday Mornings from May to October
<http://www.mhstampede.com/farmers/index.html>**

Contact Name	Address	Phone	Product	Available at:
Doreen Gunderson	2055-21 Ave SE Medicine Hat T1A 7N1	403-528-6933	Locally grown, raised, baked and made products	Field House, Stampede Grounds Medicine Hat

**Red Hat Cooperative Ltd: Marketing Organization for Local Greenhouse Owners and
Growers (currently 50 members)
www.redhatco-op.com**

Contact Name	Address	Phone	Product	Available at:
Lyle Aleman	809 Broadway Ave E Redcliff AAB T0J 2P0	403-548-6453	Various cucumbers Various Tomatoes Various Peppers	Supplies to wholesalers and grocery retailers throughout Canada and the USA

Restaurants:

Patio Café

Location	Phone	Local products used
635-3 St SE Medicine Hat AB T1A 0H4	403-488-9050	Locally grown Cucumbers, tomatoes, peppers.

The Cocoa Been Café Ltd.

Location	Phone	Local products used
3, 108 Broadway Ave E. Redcliff AB T0J 2P0	403-548-6730	Locally grown Cucumbers, tomatoes, peppers, beets, potatoes, carrots, celery, onions, etc.

Zucchini Blossom Market & Café: www.zucchini blossom.com

Location	Phone	Local products used
62-3 St NE Medicine Hat AB	403-526-1630	Locally grown Vegetables & Herbs in season.

1 This directory was compiled with permission from the participants, data collected in 2008. For additional copies, please visit the Community Food Connections website at www.foodconnections.ca or <http://www.volunteerinthehat.ca/>

To have your information added or changed, please contact the Volunteer Centre at:

**Earl Kitchener School
211 4th St SE
Medicine Hat, AB T1A 0J9
Phone: (403) 528-INFO (528-4636)
Toll-free: 1-888-828-INFO (1-888-828-4636)
Fax: (403) 504-4560
info@volunteerinthehat.ca**

This resource will be updated on an annual basis.